

July 2021 Newsletter

It's been a great season so far!! NOW, the real fun begins...

We've had several members racing throughout Northwest Indiana and beyond these last several weeks and it honestly makes my heart grow a size every time I see race-day pictures from members with medals or posts describing their race days!

Please make sure to spread the love, support, and congratulations to all who are getting out there every day checking off workouts and making headway on their training plans as they prepare for a busy 2nd half to the racing season in the Midwest.

Speaking of races, we've got a few "club designated" races coming up. That means, we will work to have a tent set up for you to visit when you need a break or to visit with fellow club members. We look to have a solid presence at each of these races!

USAT Nationals August 7th and 8th

Racing Olympic: Jason Buxbaum, Kris Cone, Amanda Hoffer, Nick Konwerski, Jay Niec, Samantha Sutherland Racing Sprint: Ken Hyde, Ashley Konwerski, Nick Konwerski, Jay Niec, Samantha Sutherland

Lake Max (Culvers) August 14th

Racing: Sara Bruner, Bill Garcia, Amanda Hoffer, Ken Hyde, Alan Jones, Ashley Konwerski, T.R. Mahaffey, Peter Rokosz, and Julie Young

Michigan Titanium August 21st

Racing: Jennifer Brennan, Jason Buxbaum, Emily Doehring, Joe Reeves, Michael Vollbrecht





Pssssttt.... S SAVE THE DATE for our End of Season Party SATRUDAY OCTOBER 9th at 6PM – families will be welcome, details to come soon *If you're racing and wondering why your name isn't listed, make sure you're filling out your races on our <u>RACE HUB SPREADSHEET</u>*



It's not too late to get your races entered on our Member Race Hub (fancy spreadsheet) However, WE NEED YOUR HELP to mark yourself as Racing or Spectating under the races that YOU are attending this season.

Please take a minute to visit the link below and update the races you are signed up for currently, and **bookmark it** to access any time to add any additional races you sign up for during the season. Please be careful not to delete anyone else's entries.

2021 Member Race Hub Spreadsheet

Get to Know Your Fellow Club Members

If you are following the NWI Tri Club Members Facebook page, you will have noticed several member profiles posted. We want to get to know you too! Click to fill out our: <u>Member Survey</u>. If you have any questions, send Chris Perez a note on FB Messenger or email us at <u>nwitriatheltes@nwitri.net</u>.

Also, special shout out to our **BRAND-NEW MEMBERS**

Skip Woldt from Valparaiso





Brandon Hurey from St. John



Michelle Fejes from Schereville



Sarah Stidham from Crown Point



Welcome new friends, we can't wait to see you out on the racecourse(s) 😊





WE HAVE A NEW SPONSOR!!!

THANK YOU to the Rudy Project for re-upping their In-Kind sponsorship for the 2021 season. Rudy project is a respected triathlon supply company where you can purchase quality cycling helmets, sunglasses, sport prescription sunglasses, and more.

Starting NOW, our club members are considered **VIPs** at Rudy Project! You can get access to our club discount and exclusive offers by signing up at the Rudy Project VIP page!

- 1. Go to our VIP Page: https://www.rudyprojectna.com/pages/vip-login
- 2. Fill out your personal information
- 3. Add code: nwitri35 (all lowercase)
- 4. BOOM! You're in and will be logged in for all future orders!
- 5. This is NOT the typical "enter code at checkout model, so please make note



If you have any questions, please message me directly or email nwitriathletes@nwitri.net Follow them on Facebook here: https://www.facebook.com/RudyProject

Facebook Members-Only Group

Questions about training opportunities? Equipment? Upcoming races? Something you want to share? Post in our Facebook Group!

Not on Facebook? No problem! Email us at nwitriatletes@nwitri.net

Private group · 64 members

Looking for your next race?

Don't forget we've compiled all the details local-ish races for your viewing pleasure on our website!

Traithlons

Running

🖲 🙇 Club Training Events in (what's left of) July 🙇 🙇

1. SATURDAY, July 24, 2021 9:00AM

Sprint Tri Practice @ Soliders Memorial Park in LaPorte – RSVP on Facebook HERE

We will be using the LaPorte triathlon Bike and Run courses for this sprint tri practice. A 750-yard swim will be set up parallel to the beach.

We will not be setting up an official "transition area" as there is no way to secure our bikes, so please leave your bikes in your car.

Course maps can be found here:

Bike: <u>https://connect.garmin.com/modern/course/67985825</u> Run: <u>https://connect.garmin.com/modern/course/67986314</u>

2. SATURDAY, July 31, 2021 7:00AM

Open Water Swim Practice @Porter Beach – RSVP on Facebook <u>HERE</u></u>



SO MUCH FUN was had in June!!!!

We had several club-organized group training and race events last month and had a GREAT turnout at each!

Saturday June 5th – LaPorte Sprint Triathlon





Saturday June 5th and 6th – Open Water Swimming and Leon's Triathlon at Wolf Lake – SEE OUR <u>TIKTOK</u> for this event



Friday, June 11th and Saturday June 19th – Open Water Swim Practice at Robinson Lake and Casino Beach



Sunday June 20^{th h} Racing at Grand Rapids





Sunday June 27th Racing at Steelhead



Other training opportunities coming up

Every Wednesday night at 6PM there is the infamous Wednesday Night Ride (WNR) from Crown Point fairgrounds. Each week their Facebook page is updated with course routes and spray paint color directions. You can find and follow HERE



Stop in at Ironwood Brewing in Valparaiso, Indiana, for a fun group ride. Stick around after the ride and enjoy a beer with a great bunch of people. Rides start at 6:00 pm every Thursday night and are held year round. Bring a helmet and whatever bike you want to ride. Road bikes, mountain bikes, fat bikes, cross bikes, hybrids, etc. are all welcome. There is group for everyone, whether you want to ride fast, slow, or anything in between. You can find more information on their Strava page HERE



The BRAND NEW Hobart High School Aquatic Center is offering open lap swimming Mon-Friday 4pm-8pm. The cost is \$4.00 per person. Additional pricing options are available. Monday, Tuesday, and Friday the pool will be set up for 25-yard lanes. Wednesday and Thursday the pool will be set up with 50 Meter lanes. You can visit their website and sign up for sessions at their website HERE



Pssssttt.... Rep an EYE out for club merchandise for sale at club events!! Bring cash or card and walk away with goodies like hats, visors, and t-shirts. ***Also, look for an announcement soon about an online store for similar items***

Thanks to our Club Sponsors



If you or someone you know might be interested in sponsoring our club please have them do so HERE